

# Five to One



## Remember:

Children thrive in a positive environment and also have fewer behavior issues.

## The rule of thumb is five compliments for every correction.

Remember to be specific about what you are complimenting.

If you say “John, sit down.” Balance it with:

- “John, I like the way you said ‘Please.’”
- “John, thank you for keeping your hands to yourself.”
- “Thanks for putting the crayons away, John.”
- “Good job building that block tower, John.”
- “John, I like the way you are sharing with Sally.”

Add whatever else you notice.

It can be hard at first, but after you get the hang of it, it will become second nature.

Instead of “John, sit down,” you can also say, “I like the way Jack is sitting” and “I like the way Sally is sitting.”

And if John sits down, you can add, “And I like the way John is sitting.”