

A Message to Caregivers

We have exciting news! Our agency is partnering with Trauma Smart®. Trauma Smart® is a program created by Crittenton Children's Center that supports caregivers as they help children manage difficult experiences and build resiliency.

What can I expect to see as a result of this partnership?

Through our partnership with Trauma Smart®, our agency will receive the following:

- A consultant who works with our Trauma-Informed Care (TIC) Team throughout the program year.
- Our TIC Team includes staff who are passionate about supporting our agency as we begin and sustain our trauma-informed journey.
- All staff will receive 20 hours of trauma-informed training.

What will be the impact of this partnership?

You might be wondering – How will this impact my children at school? How will this impact my family? We are so glad you asked!

- Trauma Smart® strengthens the whole learning environment to help children develop skills, manage difficult experiences, and succeed in school and life.
- Staff will focus on building strong relationships to help children learn and grow.
- Children will engage in classrooms lessons that focus on social emotional topics and brain science.
- You may notice your children increase their ability to identify, express, and regulate their emotions.
- There will be opportunities for caregiver education.

Caregiver statements on the caregiver education component:

“I am in control of situations more... we handle situations way better. It helps me when it comes to speaking to my babies, understanding what the issue is, and resolving it together. A lot of families can benefit from it.”

“After you notice, you want to name what is going on, and you want to respond. I've taken [caregiver education classes] a few times to know what are some of the things that can help me with my stress levels when dealing with my child.”

Going forward:

We look forward to providing trauma-informed care for the children, families, and staff we care so much about. We are happy to answer any questions you have about our partnership with Trauma Smart®. If you would like more information on Trauma Smart®, please visit their website at: www.TraumaSmart.org